

*Contemplative Noonday Prayer  
& Scriptural Reflection* April 9, 2025

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St. Columba's Episcopal Church, Inverness, CA

**St. David of Wales**



**Born c. 520 Died c. 600**

*All: Please join the Assistant with your microphone set on mute.*

Mother Teri: O God, make speed to save us.

**Assistant: O Lord, make haste to help us.**

+ Glory to You O Eternal Source,  
Divine Savior, and Holy Spirit:

***As it was in the beginning is now  
and will be forever. Amen***

**Assistant: The Collect**

O God our very present help in trouble, whose breath flows over the earth; awaken ALL to the reality of climate change and help us repair for all eternity the damage we have done to your sacred creation. In Your name we pray, Amen.

*(1/8/25) Noonday Prayer Group)*



*Please join by repeating lines in **bold italics** at home on mute.*

**Psalm 20** [New Revised Standard Version, Anglicised]

The Lord answer you in the day of trouble!

The name of the God of Jacob protect you!

**May he send you help from the sanctuary,**

**and give you support from Zion.**

May he remember all your offerings,

and regard with favour your burnt sacrifices. *Selah*

**May he grant you your heart's desire,**

**and fulfil all your plans.**

May we shout for joy over your victory,

and in the name of our God set up our banners.

**May the Lord fulfil all your petitions.**

Now I know that the Lord will help his anointed;

**he will answer him from his holy heaven**

**with mighty victories by his right hand.**

Some take pride in chariots, and some in horses,

but our pride is in the name of the Lord our God.

**They will collapse and fall,**

**but we shall rise and stand upright.**

Give victory to the king, O Lord;

answer us when we call.

*Mother Teri:* + Glory to You O Eternal Source,  
Divine Savior, and Holy Spirit:

*Assistant:* ***As it was in the beginning is now***

*and will be forever. Amen*

*Mother Teri:*

***A reading from the Gospel of Luke 18:31-34***

[New Revised Standard Version, Anglicised]

Then he took the twelve aside and said to them, ‘See, we are going up to Jerusalem, and everything that is written about the Son of Man by the prophets will be accomplished. For he will be handed over to the Gentiles; and he will be mocked and insulted and spat upon. After they have flogged him, they will kill him, and on the third day he will rise again.’ But they understood nothing about all these things; in fact, what he said was hidden from them, and they did not grasp what was said.

*Mother Teri:* Hear what the Spirit is saying.

***Assistant: Thanks be to God.***

**Celtic Contemplation: 15 minutes**

Be thou my vision,  
O Lord of my heart....

(Middle Irish poem often attributed to the sixth-century Irish Christian poet St. Dallán Forgaill)



*Please follow along and chant the Kyrie with us while on mute.  
We will chant 3x through.*

*Mother Teri/ Assistant*

*Kyrie Eleison (**Kyrie Eleison**)  
Christe Eleison (**Christe Eleison**)  
Kyrie (**Kyrie**), Christe (**Christe**)  
Eleison (**Eleison**)*

*Mother Teri: Please join now in praying as Jesus taught...*

**(ALL)**      **Our Father in heaven,  
hallowed be your Name, Your  
kingdom come, Your will be done, on  
earth as in heaven. Give us today our  
daily bread. Forgive us our sins as we  
forgive those who sin against us. Save  
us from the time of trial, and deliver  
us from evil. For the kingdom, the  
power, and the glory are yours, now  
and forever. Amen.**

**Assistant:** Lord, hear our prayer;  
**Mother Teri:** *And let our cry come to you.*

Let us pray, using words from the *Ita Compline*<sup>1</sup>

Search me, O God, and know my heart.  
***Test me and know my thoughts.***

Keep Your people, Lord, in the arms of Your embrace.  
***Shelter them under Your wings.***

**Assistant:** For whom and what else do we pray?

***Please offer your intercessions here, aloud or silently.***  
*Prayers given aloud are followed with:*

**Mother Teri:** We pray to the Lord  
**Assistant:** ***Lord, hear our prayer***

*Continuing after personal intercessions with...*

Be their light in darkness.  
***Be their hope in distress.***  
***Be their calm in anxiety.***

Be strength in their weakness.  
***Be their comfort in pain.***  
***Be their song in the night.***

Let us bless the Lord.  
***Thanks be to God.***

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<sup>1</sup> excerpted from the *Ita Compline*, Northumbria Community.



*Please remain for discussion  
on today's topic and scriptural reading.*

**St. David** (born c. 520, near St. Bride's Bay, Pembrokeshire, Wales—died c. 600, Menevia; feast day March 1) was a 6th-century bishop who is revered as the patron saint of Wales.

Little is known of his life. According to the hagiography written by the Welsh scholar Rhygyfarch about 1090, he was the son of the chieftain Sant, who raped David's mother, St. Non.

Educated at Henfynyw, Cardigan, he seemingly took a prominent part in the synod of Llanddewi-Brefi (in Cardigan) to suppress the heresy of Pelagius and presided at the Synod of

Victory held later at Caerleon-on-Usk, Monmouthshire, which supposedly defeated the Pelagian heresy in Britain. More certainly, he moved the seat of ecclesiastical government from Caerleon to Mynyw, which is, as St. David's (Ty-Dewi), still the cathedral city of the Western see.

Many miracles are ascribed to St. David, including the resurrection of a dead child and the restoration of sight to a blind man. One of the more famous miracles associated with him is the formation of a hill beneath him as he preached to a large crowd, allowing them to see and hear him more clearly. During this incident, a white dove is said to have landed on his shoulder, and St. David is often so depicted.

Various legends about his life claim he was born on a cliff overlooking the sea during a storm. The ruins of a small chapel, known as Capel Non (Non's Chapel), mark the site of his birth, and a holy well close to the chapel is believed to have healing powers. David is also reputed to have been a strict vegetarian who subsisted mostly on leeks and water, earning him the nickname Dewi Ddyfrwr (David the Water Drinker).

David founded numerous churches throughout South Wales (more than 50 named for him existed in the 21st century). His



shrine at St. David's became a notable place of pilgrimage, especially during the Middle Ages. His canonization by Pope Calixtus II (c. 1120) is unproven. His feast day, known as St. David's Day, is widely celebrated in Wales, and many people wear traditional Welsh clothing and daffodils or leeks in commemoration. The day is also celebrated with parades, *eisteddfodau* (festivals of music, language, and culture), and traditional foods including *bara brith* (a rich tea bread made with dried fruits) and small fruit scones cooked on a griddle known as Welsh cakes. (Britannica.com)



## Scriptural Study

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