

Meister Eckhart's Advent Wisdom for a Vespereal Age

November 18-20, 2022

Retreat Schedule

Fr. John will give talks on Eckhart's spiritual theology that will open up into group dialog about his thought and its implications for our lives and spiritual practice.

November 18th

4:00 Check in

5:00 Orientation and introductions

6:00 Supper

7:00-8:30

Reflections from a 'Distant Mirror': an introduction to Meister Eckhart and his relevance for our troubled and perilous times.

Saturday November 19th

8:00 Breakfast

9:00 Opening Prayer and Meditation

9:30 The essence of Eckhart's spiritual way: letting go and waking up.

11:00 Quiet time for reflection and journaling

12:00 Lunch

1:00 Eckhart's radical detachment from the idols of the mind and heart.

2:30 Quiet time for reflection and journaling

3:30 Eckhart's opening up to the Ground of Being, the abiding presence of God.

4:30 Quiet time for reflection and journaling

5:00 Birth of Christ in the human heart: Eckhart's way of deep interiority

6:00 Supper

7:00 Evening prayer and meditation

Sunday November 20th

7:30 Continental Self-Serve Breakfast

8:00 Eckhart's spirituality and authentic discipleship in the world: political and social changes begin with an awakened heart and transfigured consciousness

10:00 Holy Eucharist with the St. Columba's community