

***Contemplative Noonday Prayer
& Scriptural Reflection*** Oct 15, 2022

St.Columba's Episcopal Church, Inverness, CA

St. Theneva of Glasgow



7th Century

All: Please respond with your microphone set on mute.

Mother Teri: O God, make speed to save us.

Assistant: O Lord, make haste to help us.

+ Glory to You O Eternal Source,
Divine Savior, and Holy Spirit:

*As it was in the beginning is now
and will be forever. Amen*

Assistant: The Collect

O God, who roars like a fiery lion; we ask for your voice to awaken and move us, and the Holy Wisdom of Sophia to guide us, so that we actively show to the world what you speak in our hearts. In your name we pray. Amen.

(6/15/22), Noonday Prayer Group

*Please join by repeating lines in **bold italics** at home on mute.*

Amos 9:11-15 NRSV

Mother Teri: On that day I will raise up

Assistant:: *the booth of David that is fallen,*
and repair its breaches,
and raise up its ruins,
and rebuild it as in the days of old;

***in order that they may possess the remnant of Edom
and all the nations who are called by my name,
says the Lord who does this.***

The time is surely coming, says the Lord,
when the one who ploughs shall overtake the one who reaps,
***and the treader of grapes the one who sows the seed;
the mountains shall drip sweet wine,
and all the hills shall flow with it.***

I will restore the fortunes of my people Israel,
and they shall rebuild the ruined cities and inhabit them;
***they shall plant vineyards and drink their wine,
and they shall make gardens and eat their fruit.***

I will plant them upon their land,
and they shall never again be plucked up
out of the land that I have given them,
says the Lord your God.

Mother Teri: + Glory to You O Eternal Source,
Divine Savior, and Holy Spirit:

Assistant: *As it was in the beginning is now
and will be forever. Amen*

Mother Teri:

A reading from the Gospel of John 6:41-51 NRSV

Then the Jews began to complain about him because he said, ‘I am the bread that came down from heaven.’ They were saying, ‘Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, “I have come down from heaven”?’ Jesus answered them, ‘Do not complain among

yourselves. No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. It is written in the prophets, “And they shall all be taught by God.” Everyone who has heard and learned from the Father comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Very truly, I tell you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, and they died. This is the bread that comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.’

Mother Teri: Hear what the Spirit is saying.

Assistant:: Thanks be to God.

Celtic Contemplation: 15 minutes

Be O Lord, a guiding star above me... --From a prayer of St Columba
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*Please follow along and chant the Kyrie with us while on mute.
We will chant 3x through.*

Deacon Ari/ Mother Teri & All

Kyrie Eleison (***Kyrie Eleison***)
Christe Eleison (***Christe Eleison***)
Kyrie (***Kyrie***), Christe (***Christe***)
Eleison (***Eleison***)

Mother Teri: Please join now in praying as Jesus taught...

(ALL) **Our Father in heaven,
hallowed be your Name, Your
kingdom come, Your will be done, on
earth as in heaven. Give us today our
daily bread. Forgive us our sins as we
forgive those who sin against us. Save
us from the time of trial, and deliver
us from evil. For the kingdom, the
power, and the glory are yours, now
and for ever. Amen.**



Mother Teri

Let us pray, using words from the *Ita Compline*¹

Search me, O God, and know my heart.
Test me and know my thoughts.

Keep Your people, Lord, in the arms of Your embrace.
Shelter them under Your wings.

Assistant: For whom and what else do we pray?

¹ excerpted from the Ita Compline, Northumbria Community.

Please offer your intercessions here, aloud or silently.

Prayers given aloud are followed with:

Mother Teri: We pray to the Lord

Assistant: *Lord, hear our prayer*

Continuing after personal intercessions with...

Be their light in darkness.

Be their hope in distress.

Be their calm in anxiety.

Be strength in their weakness.

Be their comfort in pain.

Be their song in the night.

Let us bless the Lord.

Thanks be to God.



*Please remain for discussion
on today's topic and scriptural reading.*

St. Theneva of Glasgow

7th Century

Teneu (or Thenew (Latin: *Theneva*), Tannoch, Thaney, Thanea, Denw, etc.) is a legendary Christian saint who was venerated in medieval Glasgow, Scotland. Traditionally she was a sixth-century Brittonic princess of the ancient kingdom of Gododdin (in what became Lothian) and the mother of Saint Mungo, apostle to the Britons of Strathclyde and founder of the city of Glas Ghu (Glasgow). She and her son are regarded as the city's co-patrons, and Glasgow's St Enoch Square allegedly marks the site of a medieval chapel dedicated to her, built on or near her grave ("St. Enoch" is in fact a corruption of "St. Teneu").^[1] She is commemorated, annually, on 18 July .

Saint Teneu has been described as "Scotland's first recorded rape victim, battered woman and unmarried mother".^[2] Her son was conceived when the Welsh prince Owain mab Urien raped her. Owain was disguised as a woman, and after sexually assaulting the naïve princess, he confused her by saying: "Weep not, my sister, for I have not known thee as a man is used to know a virgin. Am I not a woman like thyself?"^[6] Upon discovering her pregnancy, her angry father King Lleuddun sentenced her to death and she was hurled from Traprain Law. Miraculously she survived the fall; when discovered alive at the foot of the cliff, Teneu was set adrift in a coracle and travelled across the Firth of Forth to Culross, where she was given shelter at the community

of Saint Serf. There she gave birth to and raised her son Kentigern, whom Serf nicknamed *Mungo*, "very dear one".

There are also Welsh legends about Teneu:

The cult which grew around St Thenew in Glasgow also developed in Wales where it was held that she had other sons by her marriage to the northern Prince Dingad, son of Nudd. The earliest surviving reference to her is in fact in the *Life of St Winifred* (c. 1140), in which Winifred, went to St Eleri for instruction. St Eleri put Winifred in the care of his mother "Theonia" whom Winifred eventually succeeded as abbess of Gwytherin (Clwyd). Kentigern was also a cult figure in Clwyd.^[7]

WIKI



Scriptural Study

Amos 9:11-15 NRSV

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I will plant them upon their land,
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