

# *Contemplative Noonday Prayer and Scriptural Reflection*

*27 Jan, 2026*

St. Columba's Episcopal Church  
Inverness, CA

**St. Conleth of Kildare, Bishop**



**Died c.519**

*Please respond with your microphone set on mute.*

Mother Teri: O God, make speed to save us.

**Assistant:**    ***O Lord, make haste to help us.***

+Glory to You O Eternal Source, Divine Savior, and  
Holy Spirit:

**Assistant:**    ***As it was in the beginning, is now, and will be  
forever. Amen.***

***The Collect, Mother Teri:***

*O God who sends the winds and the rain, we ask for a little more  
sunshine in the midst of it so that the trees may flower and make  
fruit, and the fields be tilled to feed your people and creatures  
abundantly. in your name we pray, Amen.*

(3/22/23), Noonday Prayer Group)

**Hebrew Scriptures: Mother Teri** will read the lines in plain  
font; *please join by repeating the lines in **bold italics** in blue  
at home on mute.*

**Psalm 100 NRSV**

Make a joyful noise to the LORD, all the earth.

Worship the LORD with gladness;

***come into his presence with singing.***

Know that the LORD is God.

It is he that made us, and we are his;

*we are his people, and the sheep of his pasture.*

Enter his gates with thanksgiving,  
and his courts with praise.

*Give thanks to him, bless his name.*

For the LORD is good;

*his steadfast love endures for ever,  
and his faithfulness to all generations.*

**Assistant** + Glory to You O Eternal Source, Divine Savior,  
and Holy Spirit:

***Mother Teri: As it was in the beginning is now and  
will be forever. Amen***

***Assistant:***

### **A reading from the Gospel of Matthew 20:17-28**

While Jesus was going up to Jerusalem, he took the twelve disciples aside by themselves, and said to them on the way, ‘See, we are going up to Jerusalem, and the Son of Man will be handed over to the chief priests and scribes, and they will condemn him to death; then they will hand him over to the Gentiles to be mocked and flogged and crucified; and on the third day he will be raised.’

Then the mother of the sons of Zebedee came to him with her sons, and kneeling before him, she asked a favour of him. And he said to her, ‘What do you want?’ She said to him, ‘Declare that these two sons of mine will sit, one at your right hand and one at your left, in your kingdom.’ But Jesus answered, ‘You do not know what you are asking. Are you able to drink the cup

that I am about to drink?’ They said to him, ‘We are able.’ He said to them, ‘You will indeed drink my cup, but to sit at my right hand and at my left, this is not mine to grant, but it is for those for whom it has been prepared by my Father.’

When the ten heard it, they were angry with the two brothers. But Jesus called them to him and said, ‘You know that the rulers of the Gentiles lord it over them, and their great ones are tyrants over them. It will not be so among you; but whoever wishes to be great among you must be your servant, and whoever wishes to be first among you must be your slave; just as the Son of Man came not to be served but to serve, and to give his life a ransom for many.’

**Assistant:** Hear what the Spirit is saying.

*People      Thanks be to God.*

## **Celtic Contemplation**

*Please sit comfortably and close your eyes for 15 minutes of silent meditation. Chimes will sound to begin and end the time. For today's reflection:*

“God's shield to shelter me”

-Brigid of Kildare

< Meditation: 15 minutes >

*Please follow along and chant the Kyrie with us while on mute. We will chant 3x through.*

## *Mother Teri / Assistant*

Kyrie Eleison (***Kyrie Eleison***)  
Christe Eleison (***Christe Eleison***)  
Kyrie (***Kyrie***), Christe (***Christe***)  
Eleison (***Eleison***)

*Mother Teri:* Please all join with me, **on mute**, in praying as Jesus taught...

***Our Father, who art in heaven, hallowed be thy name. Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. Lead us not into temptation, but deliver us from evil. For thine is the kingdom and the power and the glory, for ever and ever. Amen.***

*Assistant:* Lord, hear our prayer;

***Mother Teri:*** *And let our cry come to you.*

*Assistant:*

***Mother Teri***

Let us pray, using words from the *Ita Compline*<sup>1</sup>

Search me, O God, and know my heart.

***Test me and know my thoughts.***

Keep Your people, Lord, in the arms of Your embrace.

***Shelter them under Your wings.***

***Assistant:*** For whom and what else do we pray?

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<sup>1</sup> excerpted from the *Ita Compline*, Northumbria Community.

*Please offer your intercessions here, aloud or silently.  
Prayers given aloud are followed with:*

**Assistant:** We pray to the Lord  
**People:** ***Lord, hear our prayer***

*Continuing after personal intercessions with...*

Be their light in darkness.  
***Be their hope in distress.***  
***Be their calm in anxiety.***

Be strength in their weakness.  
***Be their comfort in pain.***  
***Be their song in the night.***

Let us bless the Lord.  
***Thanks be to God.***

*Please remain with us for a word on today's saint and discussion on  
today's scriptural reading.*

## **St. Conleth of Kildare, Bishop**

From Wiki

Saint **Conleth** (/ˈkɒnləθ/; Old Irish: **Conláed** ['konlaið]; Modern Irish: *Naomh Connlaodh*; also *Conlaeth*; *Conlaid*; *Conlaith*; *Conlath*; *Conlian*, *Hugh the Wise*) was an Irish hermit and metalworker, also said to have been a copyist and skilled illuminator of manuscripts. He is believed to have come from the Wicklow area.

While living in seclusion at Old Connell on the River Liffey in what is now Newbridge Conleth was persuaded by Saint Brigid to make sacred vessels for her convent.

Conleth, Tassach of Elphin (Saint Patrick's craftsman), and Daigh (craftsman of Kieran of Saigher) were acclaimed the "three chief artisans of Ireland" during their period. Conleth was head of the Kildare school of metal-work and penmanship. According to Brigid's biographer, Cogitosus, a community of monks grew up which, under his guidance, excelled in the making of beautiful chalices and other metal objects needed in the church, and in the writing and ornamentation of missals, gospels, and psalters. A product of Saint Conleth's metalwork for which he is noted is the crozier that he fashioned for Saint Finbarr of Termonbarry.<sup>[2]</sup>

The Diocese of Kildare appears to have been founded around 490, by Conleth who, with the assistance of St. Bridget, then presiding over the monastery, erected the cathedral and became first bishop. Cogitosus, in his *Life of Brigid*, calls him "bishop and abbot of the monks of Kildare"

Conleth died when he was attacked by wolves in the forests of Leinster on pilgrimage to Rome on 4 May 519 and was buried nearby. In 799 his relics were transported and laid beside Brigid's in the great cathedral in Kildare. His relics were finally laid to rest in Connell in 835 to protect the inhabitants from invading Danes.

Conleth is the patron saint of the Roman Catholic St Conleth's Parish, which includes Newbridge and the surrounding areas.

Old Connell – the site of Conleth's original cell, which is now a graveyard – is within the parish limits.

Conleth's feast day is 4 May. Every year on the Sunday after St Conleth's Day a pilgrimage takes place from the parish church in Newbridge to Old Connell, about two miles outside the town.

## **SCRIPTURE STUDY**

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