

MORNING PRAYER

ST. COLUMBA'S EPISCOPAL CHURCH

PENNY WASHBOURN, PRESIDING

August 30, 2026



THE FOURTEENTH SUNDAY AFTER PENTECOST

MUSIC WILL BE PLAYED

OPENING PRAYER FOR PURITY AND COLLECT

PRESIDER: Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.

Amen.

ASSISTANT: Lord of all power and might, the author and giver of all good things: Graft in our hearts the love of your Name; increase in us true religion; nourish us with all goodness; and bring forth in us the fruit of good works; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God forever and ever.

Amen.

CONFESSION

PRESIDER: Let us pray. Bound in love to the triune God, let us call upon the Lord of our salvation and recollect in silence those times when we have failed to live as beings created for love, either because of that which we have done or for that which we have failed to do.

*Examination of conscience:
What obstacles prevent me from loving fully and intimately?*

PRESIDER: Let us pray together then, to the God of Mercies.

PRESIDER & ALL: *Please join Presider on mute*

Most merciful God,
We confess that we have sinned against you,
against one another, and against our Mother
Earth.

Although you have made us incarnations of your
Love,
we have not reflected your Divine Image in
the world.

Although you have called us to intimacy in Christ,
we have shunned you in ourselves, in others,
and in your Creation.

Although you have poured upon us the Spirit of
freedom,

we have preferred our slavery to our
passions, greed, and complacency.

Turn to us Lord, even when our hearts turn away
from you.

Forgive us for the harm we cause to the innocent,
the vulnerable, the voiceless.

Forgive us for the harm we inflict
on the very planet that sustains us.

Instill in us a spirit of repentance.

Shake us from our complacency.

Move us to act in accordance with your Will
for the love of the planet and one another.

Awaken in us the hope of the Resurrection,
that recalling your boundless love for us
we may love boundlessly in return.

We ask this in the name of Christ Jesus.

Amen.

PRESIDER: ✠ Almighty God have mercy on us, forgive us all our sins through our Lord Jesus Christ, strengthen us in all goodness, and by the power of the Holy Spirit keep us in eternal life.

Amen.

THE LESSONS

ASSISTANT: A reading from the Book of Exodus [3:1–15]

Moses was keeping the flock of his father-in-law Jethro, the priest of Midian; he led his flock beyond the wilderness, and came to Horeb, the mountain of God. There the angel of the LORD appeared to him in a flame out of a bush; he looked, and the bush was blazing, yet it was not consumed. Then Moses said, “I must turn aside and look at this great sight, and see why the bush is not burned up.” When the LORD saw that he had turned aside to see,

God called to him out of the bush,
“Moses, Moses!” And he said, “Here I am.” Then he said, “Come no closer! Remove the sandals from your feet, for the place on which you are standing is holy ground.”



He said further, “I am the God of your father, the God of Abraham, the God of Isaac, and the God of Jacob.” And Moses hid his face, for he was afraid to look at God.

Then the LORD said, “I have observed the misery of my people who are in Egypt; I have heard their cry on account of their taskmasters.

Indeed, I know their sufferings, and I have come down to deliver them from the Egyptians, and to bring them up out of that land to a good and broad land, a land flowing with milk and honey, to the country of the Canaanites, the Hittites, the Amorites, the Perizzites, the Hivites, and the Jebusites. The cry of the Israelites has now come to me; I have also seen how the Egyptians oppress them. So come, I will send you to Pharaoh to bring my people, the Israelites, out of Egypt.”

But Moses said to God, “Who am I that I should go to Pharaoh, and bring the Israelites out of Egypt?” He said, “I will be with you; and this shall be the sign for you that it is I who sent you: when you have brought the people out of Egypt, you shall worship God on this mountain.” But Moses said to God, “If I come to the Israelites and say to them, ‘The God of your ancestors has sent me to you,’ and they ask me, ‘What is his name?’ what shall I say to them?” God said to Moses, “I AM WHO I AM.” He said further, “Thus you shall say to the Israelites, ‘I AM has sent me to you.’”

God also said to Moses, “Thus you shall say to the Israelites, ‘The LORD, the God of your ancestors, the God of Abraham, the God of Isaac, and the God of Jacob, has sent me to you’:

This is my name forever,
and this my title for all generations.”

Hear what the Spirit is saying.

Thanks be to God.

PSALM 105:1–6.23–26,45C *Please join Presider on
mute in a responsive reading.*

- 1 Give thanks to the LORD and call upon his
Name; *
*make known his deeds among the
peoples.*
- 2 Sing to him, sing praises to him, *
and speak of all his marvelous works.

- 3 Glory in his holy Name; *
*let the hearts of those who seek the
LORD rejoice.*
- 4 Search for the LORD and his strength; *
continually seek his face.
- 5 Remember the marvels he has done, *
*his wonders and the judgments of his
mouth,*
- 6 O offspring of Abraham his servant, *
O children of Jacob his chosen.
- 23 Israel came into Egypt, *
*and Jacob became a sojourner in the land
of Ham.*
- 24 The LORD made his people exceedingly
fruitful; *
*he made them stronger than their
enemies;*
- 25 Whose heart he turned, so that they hated
his people, *
and dealt unjustly with his servants.
- 26 He sent Moses his servant, *
and Aaron whom he had chosen.
- 45 *Hallelujah!*

THE EPISTLE

ASSISTANT: A reading from The Letter of Paul to the Romans [12:9–21]

Let love be genuine; hate what is evil, hold fast to what is good; love one another with mutual affection; outdo one another in showing honor. Do not lag in zeal, be ardent in spirit, serve the Lord. Rejoice in hope, be patient in suffering, persevere in prayer. Contribute to the needs of the saints; extend hospitality to strangers.

Bless those who persecute you; bless and do not curse them. Rejoice with those who rejoice, weep with those who weep. Live in harmony with one another; do not be haughty, but associate with the lowly; do not claim to be wiser than you are. Do not repay anyone evil for evil, but take thought for what is noble in the sight of all. If it is possible, so far as it depends on you, live peaceably with all. Beloved, never avenge yourselves, but leave room for the wrath of God; for it is written, “Vengeance is mine, I will repay, says the Lord.”

No, “if your enemies are hungry, feed them; if they are thirsty, give them something to drink; for by doing this you will heap burning coals on their heads.” Do not be overcome by evil, but overcome evil with good.

Hear what the Spirit is saying.

Thanks be to God.

THE GOSPEL

PRESIDER: ☩ A reading from the Holy Gospel
According to Matthew [16:21–28]

Glory to you Lord Christ.

Jesus began to show his disciples that he must go to Jerusalem and undergo great suffering at the hands of the elders and chief priests and scribes, and be killed, and on the third day be raised. And Peter took him aside and began to rebuke him, saying, “God forbid it, Lord!

This must never happen to you.” But he turned and said to Peter, “Get behind me, Satan! You are a stumbling block to me; for you are setting your mind not on divine things but on human things.”

Then Jesus told his disciples, “If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake will find it. For what will it profit them if they gain the whole world but forfeit their life? Or what will they give in return for their life?

“For the Son of Man is to come with his angels in the glory of his Father, and then he will repay everyone for what has been done. Truly I tell you, there are some standing here who will not taste death before they see the Son of Man coming in his kingdom.”

May the words of the Gospel be made flesh in us.

Praise to you Lord Christ.

SERMON

KINDLY KEEP ALL MICS MUTED DURING SERMON



*The Rev. Dr.
Vincent Pizzuto*

SPIRITUAL COMMUNION

All are invited to sit in silent communion with one another. Presider will signal the end of our meditation after four minutes.

LECTIO DIVINA

All are invited to share a short few words, phrases, or themes from the sermon that speak to our hearts. We raise our 'yellow hands' when ready to speak and lower when finished. The Presider will call on us. We listen prayerfully to each one, but do not comment.

*When the Presider sees that everyone who wishes to speak has done so, the Presider says **Amen**. [We are invited to save further reflections to our Coffee with Jesus.]*

MUSIC SIGNALS THE END OF THE LECTIO DIVINA.

PROFESSION OF FAITH

ASSISTANT: Let us together proclaim our profession of faith, which has been handed down to us from ancient of days.

TÍRECHÁN'S CREED (from the Patrician Texts from the Book of Armagh, AD670) *Please join Assistant on mute*

Our God is the God of all,
The God of heaven and Earth,
The God of the sea and rivers,
The God of the sun and moon,
The God of all the heavenly bodies,
The God of the lofty mountains,
The God of the lowly valleys.
God is above the heavens;
And beneath the heavens.
Heaven and Earth and sea,
And everything that is in them,
Such is the abode of the Holy One.
God inspires all things,
gives life to all things,
stands above all things,
And stands beneath all things.
God enlightens the light of the sun,
strengthens the light of the night and the stars,
makes wells in the arid land and dry islands in the
sea,
And places the stars in the service of the greater
lights.

God has a Son who is co-eternal;
And similar in all respects;
And neither is the Son younger than the Father,
Nor is the Father older than the Son;
And the Holy Spirit breathes in them.

✠ And the Father and the Son and the Holy Spirit
are inseparable. Amen.

THE EXCHANGE OF PEACE

PRESIDER: ✠ Blessed be God, most holy, glorious,
and undivided Trinity.

ASSISTANT: And blessed be God's Kingdom now
and forever.

Amen.

PRESIDER: Lord, you taught us always to be
reconciled with our sisters and brothers. Let us
strive to be faithful to your law of compassion:

that we may forgive seven-times-seven, that we may love even our enemies, and bless those who curse us. And where we struggle Lord, let our earnest striving be enough for you, who sent your Son Jesus to be a healing balm of love. In His Name, O God, have mercy.

Amen.

PRESIDER: My sisters and brothers, the peace of Christ is with you!

ASSISTANT: And with your spirit.

PRESIDER: Let us embody Christ's peace for one another.

Presider will invite us into small groups for five minutes to get to know one another. If you are new to St. Columba's we welcome you. If you are a member already, please extend a warm welcome to those in your group.

Should you prefer to stay where you are and spend the next five minutes meditating alone, that's fine too!

BIDDING PRAYERS

PRESIDER: The Lord be with you.

And also with you.

Let us pray.

Please pray responsively on mute, led by Presider.

PRESIDER: In peace, we pray to you, Lord God.

For all people in their daily life and work;

For our families, friends, and neighbors, and for those who are alone.

For this community, the nation, and the world;

For all who work for justice, freedom, and peace.

For the just and proper use of your creation;

For the victims of hunger, fear, injustice, and oppression.

For all who are in danger, sorrow, or any kind of trouble;

For those who minister to the sick, the friendless, and the needy.

For the peace and unity of the Church of God;
For all who proclaim the Gospel, and all who seek the Truth.

For Sean our Presiding Bishop, Austin our Bishop in the Diocese of California, Sarah Archbishop of Canterbury, and for all bishops and other ministers, both lay and ordained;
For all who serve God and their neighbors.

For the special concerns of this congregation.

Silence

PRESIDER: For whom or for what else shall we pray?

All are invited to voice prayers before the community or offer them in the silence of your heart. [Unmute before speaking, then kindly mute again.] Prayer Response:

PRESIDER: God hear us,

ASSISTANT: ***God graciously hear us...***

PRESIDER: Lord God, hear the prayers of your people: those we have voiced in the presence of your Assembly, those we hold in the silence of our hearts, and those for which we have yet to find words.

In gratitude and love, we entrust ourselves to you who knows better than we the deepest needs of our hearts. In the name of your Son, our Lord Jesus Christ.

Amen.

PRESIDER: Let us pray as Jesus taught:

Our Father, who art in Heaven,
Hallowed be thy Name,
Thy kingdom come,
Thy will be done,
On earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
As we forgive those who trespass against us.
And lead us not into temptation,
But deliver us from evil.
For thine is the kingdom,
And the power, and the glory,
Forever and ever. Amen.

PRESIDER: Savior, Redeemer, Beloved of God, clothe us in your love, strengthen us to live gently on this earth, give us humility to see all we encounter as precious to you, and teach us to walk with kindness and patience this hour and always.

Amen.

PRESIDER: ☩ May the Sun of Righteousness shine upon us and scatter the darkness from our paths; and may the blessing of God Almighty, the Three-In-One and One-In-Three be upon us and remain with us always.

Amen.

ASSISTANT: My siblings in Christ, let us go forth into the world to love and serve the Divine and each other.

Thanks be to God!

CLOSING MUSIC WILL BE PLAYED

ANNOUNCEMENTS

**THANK YOU TO ALL WHO HAVE REACHED OUT
TO SUPPORT OUR MINISTRY!**

**ONLINE DONATIONS MAY BE MADE VIA THE "GIVE" BUTTON ON OUR
WEBSITE, OR CHECKS MAILED TO:**

ST. COLUMBA'S INVERNESS
PO BOX 430
INVERNESS, CA
94937

VIRTUAL CHAPEL ONLINE OFFERINGS

IF YOU ARE NEWLY JOINING US

**Please go to our website's VIRTUAL CHAPEL to access all of our
online offerings or to register your name and email to be
informed of our future offerings:**

www.stcolumbasinverness.org

NEED PASTORAL ASSISTANCE?

*Please Email Meredith Burrell
who can help direct your needs to the right person:*

mburrell01@hotmail.com

ONLINE EVENTS

FALL 2026 PORTRAITS OF CHRIST VII

Open for registration now

Thursdays, 11am–1pm

August 27–September 24



EVENSONG

September 3, 7pm

Led by Ann McChesney-Young.



ST. COLUMBA'S SERMON RECORDINGS



NOON PRAYER

Weekly, Wednesdays, 12pm

Prayer, scripture study, meditation, and discussion, led by Mother Teri Waldron



AUGUST 2026 ECO-NEWS!



IN-PERSON EVENTS

PEREGRINATIO SUNDAY!

TODAY, 1pm,
at Heidrun Meadery



CONTEMPLATIVE PRACTICE CIRCLE

Tuesdays

3:30–4:30pm

September 1: Praying in Color: More Mystics—the Great Teachers, led by Anna Haight



SICK TO DEATH!

Geoff Hoyle's side-splitting
adaptation of Moliere!

Performances: September 5, 6, 7, 12, & 13 at 4pm
in our Amphitheater



Calling all volunteers! Contact Kathleen Ferrando
at akferrando@comcast.net. Any and all help is
appreciated: shopping, baking, serving, set-up,
tickets, etc.

Plus:

Fill the Mead Cellar!

If you would like to donate to this fundraiser (proceeds from the concession stand benefit St. Columba's) please mark it "mead." Each bottle is about \$35. You can donate through this QR code.



CHRISTIAN MEDITATION

Chapel, Wednesdays, 7pm

IONA LECTURE SERIES:

Contemplating Climate Change

with Trevor Houser

Sunday, September 20 at 1pm

Free and open to the public, wine and cheese
reception to follow



THRESHOLDS:

A Sensuous Encounter with Death

An in-person retreat with The Rev. Vincent
Pizzuto, PhD, and Rachel Gaunt, MA

Friday–Sunday, September 25–27

Limited to 12 participants—registration now open



BOOK LAUNCH

Robert Hass and Brenda Hillman will celebrate
their new books, *A Third Commonness: Essays on
Poetry, Poetics, and the Natural World*, and *Still
House in the Desert: An Eco-Contemplation*

Saturday, September 26, 4pm at the Dance
Palace, 503 B St., Point Reyes Station

Free event. No RSVP required

A SMALL CHANGE MAKING A BIG DIFFERENCE

Thank you to everyone who has made a habit of bringing a reusable cup to Coffee Hour! Before our Council for Ecological Discipleship began encouraging this practice, we were purchasing a case of disposable hot cups about every two months. That stretched first to three months, then six—and we've now gone 10 months without needing another case! It's a wonderful reminder that small, simple changes, made together, really do add up. Keep bringing your cup—and thank you for helping us care for creation, one Coffee Hour at a time.

SAVE THE DATES

October 15–17

Listening to the Land, an Eco-Spiritual Retreat
with Rev. Payton Hoegh
and Rev. Dr. Vincent Pizzuto

ST. COLUMBA'S VIRTUAL PLATE FOR YOUR DONATIONS



SAVE THE DATE

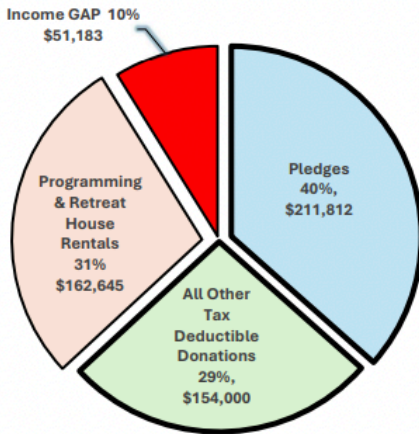
October 24

Diocesan convention at Grace Cathedral, where
St. Columba's will be instated as a parish

OTHER ANNOUNCEMENTS?

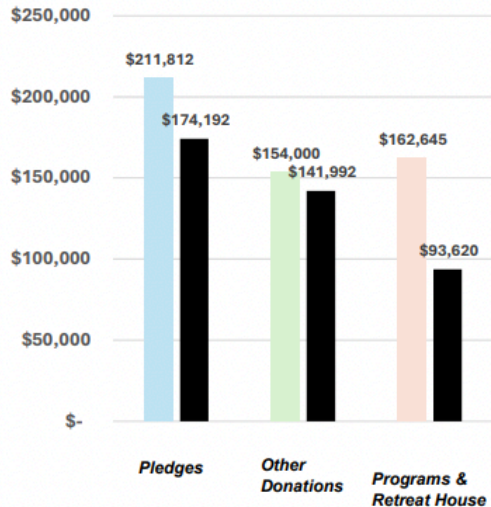
AUGUST 2026 FINANCIAL SNAPSHOT

BUDGET



2026 Budgeted Income SOURCES

\$ 579,640



Year to Date Budget vs. Actual Income

■ = Actual

FUNDS HELD IN ADDITION TO BUDGETED INCOME

(limitations on use & can be held over multiple years)

- **Dedicated and Donor Restricted Funds** - BC-approved donor designated funds for specific projects, purposes or events. These funds can't be used to meet any expenses (budgeted or otherwise) outside of the fund's intent and purpose. **\$ 62,180**
- **St Columba's Contemplative Center Endowment** - established to provide a reliable source of revenue over time to initiate, support and expand upon the contemplative Christian vision and mission of the Retreat House to establish and maintain the conditions for a financially sustainable Contemplative Center. **\$ 763,784**

COFFEE WITH JESUS

Take few minutes to get your favorite morning beverage and return to us for coffee hour small group conversation.

