

# *Contemplative Noonday Prayer and Scriptural Reflection* | Sept. 27, 2022

St. Columba's Episcopal Church, Inverness, CA



**Justus of Lyon** | died 389 CE  
(Latin: *Iustus*, lit. "one who helps")

*We will need 3 readers for today...*

*Reader 1 will read the opening response & collect*

*Reader 2, the psalm responses*

*Reader 3, responses for intercessory prayers and Eta  
Compline.*

*Please respond with your microphone  
set on mute.*

Deacon Ari:

O God, make speed to save us.

*Reader 1 & ALL: O Lord, make haste to help  
us.*

+ Glory to You O Eternal Source,  
Divine Savior, and Holy Spirit:

*Reader 1 & ALL: As it was in the beginning is now and will be forever. Amen*

**The Collect:**

*O God who lifts up the poor, we ask that you be our vision so that our hearts are filled with generosity and compassion; In your name we pray, amen.*

(9/21/22, Noonday Prayer Group)

**Reader 2 please unmute**

**PSALM 17 (ESV)** *Please join by repeating lines in bold italics at home on mute.*

1 Hear a just cause, O Lord; attend to my cry!

**Reader 2 & ALL: Give ear to my prayer from lips free of deceit!**

2 From your presence let my vindication come!

***Let your eyes behold the right!***

3 You have tried my heart, you have visited me by night,

***you have tested me, and you will find nothing;***

***I have purposed that my mouth will not transgress.***

4 With regard to the works of man, by the word of your lips

***I have avoided the ways of the violent.***

5 My steps have held fast to your paths;

***my feet have not slipped.***

6 I call upon you, for you will answer me, O God;  
*incline your ear to me; hear my words.*

7 Wondrously show your steadfast love,  
*O Savior of those who seek refuge  
from their adversaries at your right hand.*

8 Keep me as the apple of your eye;  
*hide me in the shadow of your wings.*

*Deacon Ari:* + Glory to You O Eternal Source,  
Divine Savior, and Holy Spirit:

*Reader 2 & ALL: As it was in the beginning is now  
and will be forever. Amen*

*Deacon Ari:*

A reading from *the Prophet Jeremiah* (17:5-8 , NRSV)

Thus says the LORD:

Cursed are those who trust in mere mortals  
and make mere flesh their strength,  
whose hearts turn away from the LORD.

They shall be like a shrub in the desert,  
and shall not see when relief comes.

They shall live in the parched places of the wilderness,  
in an uninhabited salt land.

Blessed are those who trust in the LORD,  
whose trust is the LORD.

They shall be like a tree planted by water,  
sending out its roots by the stream.  
It shall not fear when heat comes,  
and its leaves shall stay green;  
in the year of drought it is not anxious,  
and it does not cease to bear fruit.

*Deacon Ari* Hear what the Spirit is saying.

***Mother Teri & People***      ***Thanks be to God.***

### **Celtic Contemplation**

*Please sit comfortably and close your eyes for 15 minutes of silent meditation. Chimes will sound to begin and end the time. For today's reflection:*

“...like a tree planted by water,  
sending out its roots by the stream. ”

~ Jer. 17:7

**< Meditation: 15 minutes >**

*Please follow along and chant the Kyrie with us while on mute. We will chant 3x through.*

*Deacon Ari / People*

*Kyrie Eleison (Kyrie Eleison)  
Christe Eleison (Christe Eleison)  
Kyrie (Kyrie), Christe (Christe)  
Eleison (Eleison)*

*Mother Teri: Please join now in praying as Jesus taught...*

*(ALL) Our Father in heaven,  
hallowed be your Name, Your  
kingdom come, Your will be done,  
on earth as in heaven. Give us  
today our daily bread. Forgive us  
our sins as we forgive those who  
sin against us. Save us from the  
time of trial, and deliver us from  
evil. For the kingdom, the power,  
and the glory are yours, now and  
for ever. Amen.*

*Deacon Ari: Lord, hear our prayer;*

*Reader 3 & ALL: And let our cry come to you.*

*Deacon Ari:* Let us pray, using words from the *Ita Compline*<sup>1</sup>

Search me, O God, and know my heart.

***Test me and know my thoughts.***

Keep Your people, Lord, in the arms of Your embrace.

***Shelter them under Your wings.***

*Deacon Ari:* For whom and what else do we pray?

***Please offer your intercessions here, aloud or silently.***

*Prayers given aloud are followed with:*

*Deacon Ari:* We pray to the Lord

*Reader 3 & ALL:* ***Lord, hear our prayer***

*Continuing after personal intercessions with...*

Be their light in darkness.

***Be their hope in distress.***

***Be their calm in anxiety.***

Be strength in their weakness.

***Be their comfort in pain.***

***Be their song in the night.***

Let us bless the Lord.

***Thanks be to God.***

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<sup>1</sup> excerpted from the *Ita Compline*, Northumbria Community.

*Please remain with us for discussion on today's topic  
and scriptural reading.*

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## **Justus of Lyon (Iustus)**

*Bishop & Ascetic | Feast Day: September 2*

**Justus of Lyon** (Latin: *Iustus*, lit. "one who helps") was the 13th Bishop of Lyon. He succeeded V erissime in the mid-4th century. He is venerated as a saint by both the Catholic and the Orthodox Church. Around 350, Justus was made Bishop of Lyon...

When a violently insane criminal sought sanctuary in the cathedral of Lyon after attacking people in the street, the man was seized and killed by an avenging mob who ignored the sanctity of the church and the tradition of sanctuary. Justus was so disillusioned with the people, and what he considered his failure to bring them the real faith, that he left his see. He and Saint Viator of Lyon spent the rest of their days as prayerful hermits in the desert near Alexandria, Egypt.

From <https://catholicsaints.info/saint-justus-of-lyon/>

A more detailed description (and very interesting anecdotes) can be found on [Wikipedia](#).

## Scriptural Study

***Jeremiah*** (17:5-8 , NRSV)

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It shall not fear when heat comes,  
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I have avoided the ways of the violent.

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