

MORNING PRAYER

ST. COLUMBA'S EPISCOPAL CHURCH
THE REV. LIZ ARMSTRONG, PRESIDING
OCTOBER 2, 2022



SEVENTEENTH SUNDAY AFTER PENTECOST
Feast of St. Francis



Entrance Hymn *Praise the Lord, Ye Heavens Adore Him*



Praise the Lord: ye heavens a - dore — him;
Praise the Lord, for He is glo - rious;
Wor - ship, hon - or, glo - ry, bless - ing,



praise him, an - gels, in the — height.
nev - er shall His prom - ise — fail.
Lord, we of - fer un - - to — Thee.



Sun and moon, re - - jice be - fore — Him;
God hath made His saints vic - to - - rious;
Young and old, Thy praise ex - press - ing,

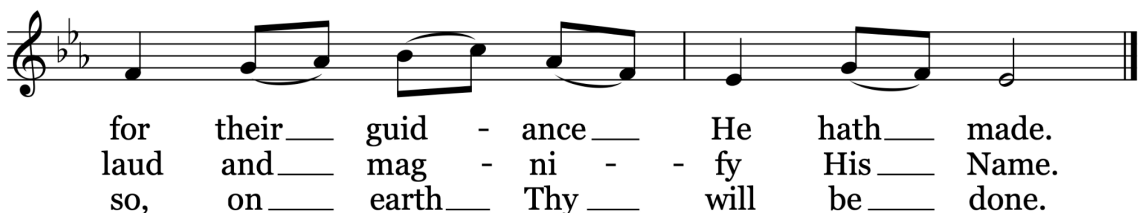
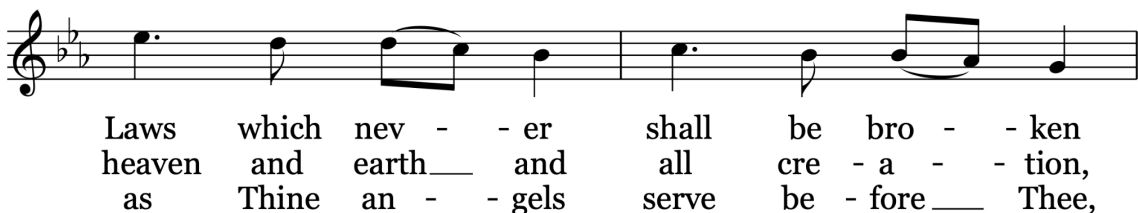
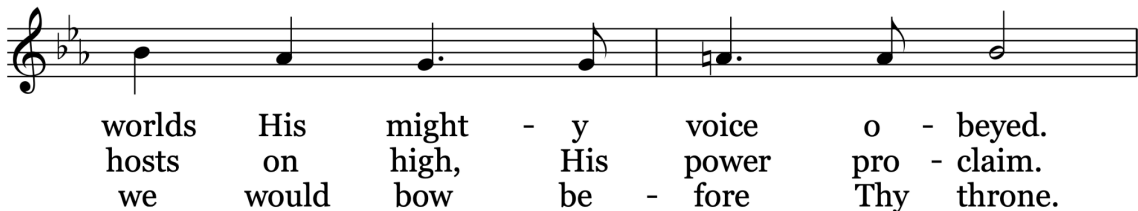


praise Him, all ye stars of — light.
sin and death shall not pre - - vail.
in glad hom - age bend the — knee.



Praise the Lord, — for He hath spo - - ken;
Praise the God — of our sal - va - - tion;
All the saints — in heaven a - dore — Thee;

Continue →



Words: William C. Doane (1832-1913). Music: *Austria*, Franz Joseph Haydn (1732-1809)

PRESIDER: ✠ In the name of the Three-in-One and One-in-Three. Amen.

Most high, omnipotent, good Lord, grant your people grace to renounce gladly the vanities of this world; that, following the way of blessed Francis, we may, for love of you, delight in your whole creation with perfectness of joy; through Jesus Christ our Lord,

who lives and reigns with you and the Holy Spirit, one God, for ever and ever. ***Amen.***

LAY ASSISTANT: Dearly beloved, we have come together in the presence of God and one another, in gratitude to hear the holy Word and share in the spiritual communion of Christ. In this celebration of Christ's love, let us prepare ourselves in heart and mind to worship God, and entrust ourselves to the divine mercy.

Silence is kept. Then all pray together, led by Lay Assistant:

Most merciful God,
we confess that we have sinned against you,
against one another, and against our Mother
Earth.

Although you have made us incarnations of your
Love,
we have not reflected your Divine Image in
the world.

Although you have called us to intimacy in Christ,
we have shunned you in ourselves, in others,
and in your Creation.

Although you have poured upon us the Spirit of
freedom,

we have preferred our slavery to our
passions, greed, and complacency.

Turn to us Lord, even when our hearts turn away
from you.

Forgive us for the harm we cause to the
innocent, the vulnerable, the voiceless.

Forgive us for the harm we inflict on the very
planet that sustains us.

Instill in us a spirit of repentance.

Shake us from our complacency.

Move us to act in accordance with your Will
for the love of the planet and one another.

Awaken in us the hope of the Resurrection,
that recalling your boundless love for us
we may love boundlessly in return.

We ask this in the name of Christ Jesus. Amen.

PRESIDER: ☩ May almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit, keep you in eternal life. *Amen.*

THE LESSONS

[LECTOR PLEASE UNMUTE YOUR MIC]

LECTOR: A reading from the Book of Job [39:1-18]

"Do you know when the mountain goats give birth?

Do you observe the calving of the deer?
Can you number the months that they fulfil,
and do you know the time when they give birth,
when they crouch to give birth to their offspring,
and are delivered of their young?

Their young ones become strong, they grow up in
the open;
they go forth, and do not return to them.

"Who has let the wild ass go free?
Who has loosed the bonds of the swift ass,
to which I have given the steppe for its home,
the salt land for its dwelling-place?
It scorns the tumult of the city;
it does not hear the shouts of the driver.
It ranges the mountains as its pasture,
and it searches after every green thing.

"Is the wild ox willing to serve you?
Will it spend the night at your crib?
Can you tie it in the furrow with ropes,
or will it harrow the valleys after you?
Will you depend on it because its strength is
great,
and will you hand over your labor to it?
Do you have faith in it that it will return,
and bring your grain to your threshing-floor?

"The ostrich's wings flap wildly,
 though its pinions lack plumage.
For it leaves its eggs to the earth,
 and lets them be warmed on the ground,
forgetting that a foot may crush them,
 and that a wild animal may trample them.
It deals cruelly with its young, as if they were not
its own;
 though its labor should be in vain, yet it has
no fear;
because God has made it forget wisdom,
 and given it no share in understanding.
When it spreads its plumes aloft,
 it laughs at the horse and its rider."

Hear what the Spirit is saying.

Thanks be to God!

PSALM 121 *Levavi oculos*



- 1 I lift up my eyes to the /hills; *
from where is my help to /come?
- 2 My help comes from the /LORD, *
the maker of heaven and /earth.
- 3 The LORD will not let your /foot be moved *
and the One who watches over you will not fall a/sleep.
- 4 Behold, the One who keeps watch over /Israel *
shall neither slumber nor /sleep;



- 5 It is the LORD who watches /over you; *
the LORD is your shade at your right /hand,
- 6 So that the sun shall not strike you by /day, *
nor the moon by /night.
- 7 The LORD shall preserve you from all /evil; *
the LORD shall keep you /safe.
- 8 The LORD shall watch over your going out and your coming /in, *
from this time forth for ever/more.

THE EPISTLE

[LECTOR PLEASE UNMUTE YOUR MIC]

LECTOR: A reading from The Letter of Paul to the Romans [12:9-21]

Let love be genuine; hate what is evil; hold fast to what is good; love one another with mutual affection; outdo one another in showing honor. Do not lag in zeal; be ardent in spirit; serve the Lord. Rejoice in hope; be patient in affliction; persevere in prayer. Contribute to the needs of the saints; pursue hospitality to strangers.


Bless those who persecute you; bless and do not curse them. Rejoice with those who rejoice; weep with those who weep. Live in harmony with one another; do not be arrogant but associate with the lowly; do not claim to be wiser than you are. Do not repay anyone evil for evil but take thought for what is noble in the sight of all. If it is possible, so far as it depends on you, live peaceably with all.

Beloved, never avenge yourselves, but leave room for the wrath of God, for it is written, “Vengeance is mine; I will repay, says the Lord.” Instead, “if your enemies are hungry, feed them; if they are thirsty, give them something to drink, for by doing this you will heap burning coals on their heads.” Do not be overcome by evil but overcome evil with good.

Hear what the Spirit is saying.

Thanks be to God

THE GOSPEL

GOSPELLER:  A reading from the Holy Gospel According to Matthew [11:25-30]

Glory to you Lord Christ.

Jesus said, “I thank you, Father, Lord of heaven and earth,

because you have hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will. All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him.

“Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.”

May the words of the Gospel be made flesh in us.
Praise to you Lord Christ.

SERMON

KINDLY KEEP ALL MICS MUTED DURING SERMON

Fr. Vincent Pizzuto, PhD



SPIRITUAL COMMUNION

All are invited to sit in silent communion with one another for several minutes. A bell will signal the beginning and end of our meditation.

TÍRECHÁN'S CREED

From The Patrician Texts from the Book of Armagh, 670AD

PRESIDER: Our God is the God of all,
The God of heaven and Earth,
The God of the sea and rivers,
The God of the sun and moon,
The God of all the heavenly bodies,
The God of the lofty mountains,
The God of the lowly valleys.
God is above the heavens;
And beneath the heavens.
Heaven and Earth and sea,
And everything that is in them,
Such is the abode of the Holy One.
God inspires all things,
 gives life to all things,
 stands above all things,
 and stands beneath all things.
God enlightens the light of the sun,
strengthens the light of the night and the stars,

makes wells in the arid land and dry islands in the sea, and places the stars in the service of the greater lights.

God has a Son who is co-eternal

and similar in all respects;

And neither is the Son younger than the Father,

Nor is the Father older than the Son;

And the Holy Spirit breathes in them.

And the Father and the Son and the Holy Spirit are inseparable. Amen.

THE EXCHANGE OF PEACE

Presider will invite us all into small groups for several minutes to exchange a sign of peace and get to know one another. If you are new to St. Columba's we welcome you. If you are a member already, please extend a warm welcome to those in your group.

THE PRAYERS

LAY ASSISTANT: The Lord be with you.
And also with you.

Let us pray.

All Together:

Our Father, who art in Heaven,
Hallowed be thy Name,
Thy kingdom come,
Thy will be done,
On earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
As we forgive those who trespass against us.
And lead us not into temptation,
But deliver us from evil.
For thine is the kingdom,
And the power, and the glory,
Forever and ever. Amen.

LAY ASSISTANT: And for what or whom else shall we pray?

All are invited to voice prayers before the community or offer them in the silence of your heart.

[Unmute before speaking, then kindly mute again]

PRAYER RESPONSE:

LAY ASSISTANT: God hear us,
God graciously hear us...

PRESIDER CONCLUDES:

Lord God, hear the prayers of your people: Those we have voiced in the presence of your Assembly, those we hold in the silence of our hearts, and those for which we have yet to find words. In gratitude and love we entrust ourselves to you who knows better than we the deepest needs of our hearts. We ask this in the name of Christ Jesus our Lord. *Amen.*

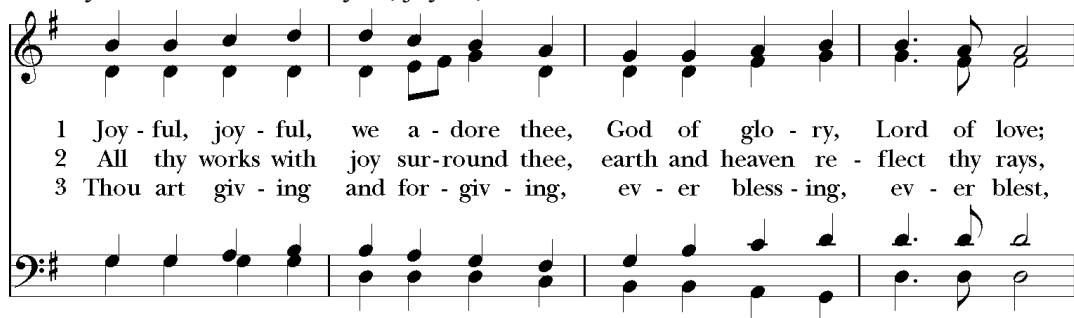
GENERAL THANKSGIVING

LAY ASSISTANT: O God, you have given us the grace of this time with one another to celebrate your love in spiritual communion. In Christ, you promised that where two or three are gathered, you will be here among us. Even as we long to be together in body, be now our spiritual body uniting us in heart and mind and spirit. In this time of pandemic, let longing for deeper communion with one another be the grace by which we come to know your deepest desire to be one with us. ***Amen.***

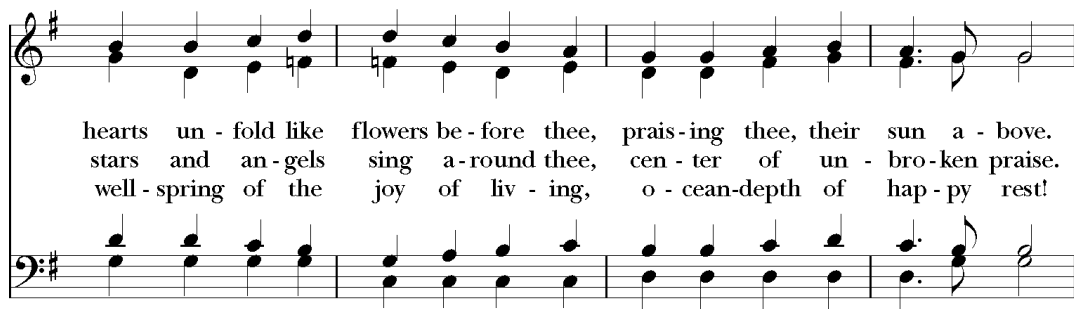
PRESIDER: Let us bless the Lord.
Thanks be to God.

PRESIDER: ☩ May the grace of our Lord Jesus Christ, the love of God, and the communion of the Holy Spirit, be with you all both now and forever. ***Amen.***

The Hymnal 1982 - #376 Joyful, joyful, we adore thee



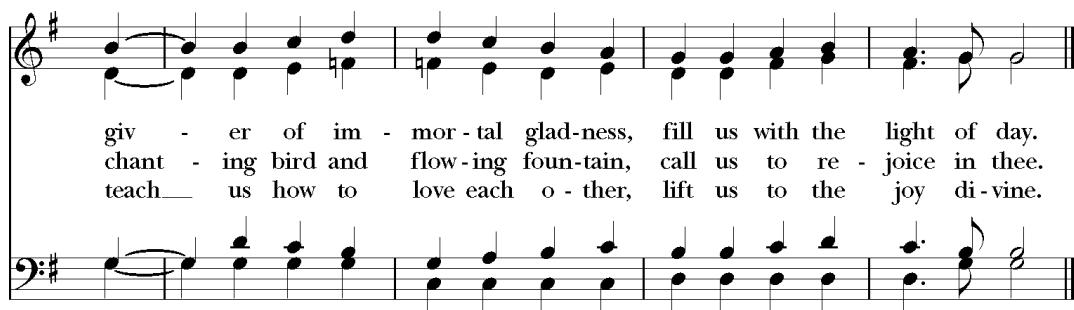
1 Joy - ful, joy - ful, we a - dore thee, God of glo - ry, Lord of love;
2 All thy works with joy sur-round thee, earth and heaven re - flect thy rays,
3 Thou art giv - ing and for - giv - ing, ev - er bless - ing, ev - er blest,



hearts un - fold like flowers be - fore thee, prais-ing thee, their sun a - bove.
stars and an - gels sing a-round thee, cen - ter of un - bro - ken praise.
well - spring of the joy of liv - ing, o - cean-depth of hap - py rest!



Melt the clouds of sin and sad - ness; drive the dark of doubt a - way;
Field and for - est, vale and moun-tain, bloom-ing mea-dow, flash - ing sea,
Thou our Fa - ther, Christ our Bro - ther: all who live in love are thine;



giv - er of im - mor - tal glad-ness, fill us with the light of day.
chant - ing bird and flow-ing foun-tain, call us to re - joice in thee.
teach us how to love each o - ther, lift us to the joy di - vine.

PRESIDER: Let us go forth to love and serve the Risen Lord in one another! Alleluia! Alleluia!

Thanks be to God! Alleluia! Alleluia!



ANNOUNCEMENTS

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**THANK YOU TO ALL WHO HAVE REACHED OUT
TO SUPPORT OUR MINISTRY!**

ONLINE DONATIONS MAY BE MADE TO OUR WEBSITE $\frac{1}{4}$ PAY PAL
OR CHECKS MAILED TO:

ST. COLUMBA'S INVERNESS

PO Box 430
INVERNESS, CA
94937

VIRTUAL CHAPEL ONLINE OFFERINGS

IF YOU ARE NEWLY JOINING US

**Please go to our website's VIRTUAL CHAPEL to access all of our
online offerings or to register your name and email to be
informed of our future offerings:**

www.stcolumbasinverness.org

NEED PASTORAL ASSISTANCE?

*Please Email Meredith Burrell
who can help direct your needs to the right person:*

mburrell01@hotmail.com

ST. COLUMBA'S IONA LECTURES PRESENTS:
ALEX COUNTS

*Changing the World Without Losing
Your Mind*

Wednesday, October 20, 7 PM,
St. Columba's Sanctuary
Free and open to the public!

Alex Counts started Grameen Foundation with a \$6,000 grant from Nobel Laureate Muhammad Yunus and a burning passion for social change. Facing burnout by his early 30's, he found a new way to live and thrive. His life lessons will inspire a new generation of changemakers.

POETRY READING

October 29, 2022, 4 PM

Our own Brenda Hillman will be reading from
her new collection of poems, *In a Few
Minutes Before Later*.

In Point Reyes Station at the Dane Palace; free
and open to the public!

Let's support Brenda!

ZOOM WORKSHOP ON THE POETRY OF GERARD MANLEY HOPKINS

Offered by Brenda Hillman and Bob Hass!
January 14, 11 AM-2:30 PM

Registration info coming soon!

STEWARDSHIP SUNDAY

November 13, 2022

Zoomer/Roomer Presentation, just after the
11 AM Zoom Morning Prayer Service

Mark your calendars!

MEISTER ECKHART'S ADVENT WISDOM FOR A VESPERAL AGE

November 18-20, 2022

*An In-Person Retreat with
The Rev. John Michael Hayes, PhD, ABPP,
Priest-Psychologist-Psychoanalyst*

See Website for more details!

SAVE THE DATES!

I. All Parish Get-Together

Saturday, November 26, 11AM-2PM

Join us for Christmas decorating, wreath-making, and more! Potluck Refreshments!

II. Christmas Fair Fundraiser

Sunday, December 18, 3PM, Frick Hall
(note change of date from 11/26)

Create some Christmas crafts, ornaments, and decorated items for sale. Please let Penny Washbourn know what you'll be working on,
pwashbou@gmail.com

III. Christmas Lessons and Carols

Sunday, December 18, 7PM

ECO-TIP

Energy conservation is one of the most important things you can do to reduce your carbon footprint. Leaving your electricals on standby needlessly uses up energy- hit the off switch and you could see huge improvements.

MOLIERE UPDATE

If you purchased tickets for Moliere's *The Miser* from Brown Paper Tickets, Sharron Drake has not received her funds to pay the company and vendors. Please see <https://gofund.me/dfb4c5c2> for requested action. Or for more info, email Penny Washbourn, pwashbou@gmail.com

OTHER ANNOUNCEMENTS?

COFFEE WITH JESUS

Take few minutes to get your favorite morning beverage and return to us for coffee hour small group conversation.

